

# Next Generation Teen Skincare Workshops

Join us for this fun, informative and transformational teen workshop to help teens achieve and maintain healthy skin, from minimizing acne, to exposing what smoking does to the skin to avoiding sun damage that can cause premature aging and skin cancer! African Americans have high rates of advanced Carcinoma Skin Cancer because many are unaware of the need for sun protection! Beauty is truly from the inside out!



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SPONSORSHIP OPPORTUNITIES AVAILABLE

# NEXT GENERATION Teen skincare

## Healthy Choices



## Confidence - Building

Sponsorship Opportunities Available

(312) 543-4017

## NEXT GENERATION BEAUTY TEEN SKINCARE



### Workshop Series

- **Acne Breakouts**  
Diet and Skincare Maintenance
- **Preventative Skincare Regiment – Begins Now!**
- **Sun Damage and Sun Protection**  
Skin Cancer – Harmful UVA and UVB Rays
- **Nutrition and Beauty – “Healthy Food Choices that helps skin to radiate!”**
- **Fitness**  
“Why Athletes Are Prone To Acne”
- **Makeup–Makeovers – 1,2,3**

## NEXT GENERATION TEEN SKINCARE



### 20 QUESTIONS Q & A

Professional Licensed Estheticians will be on hand to answer teens’ questions and give advice on how to best handle skin problems and how to take care of skin for years to come!

Our fitness and nutrition experts will discuss foods that fight aging and how long-term health and beauty requires long-term care.

We didn’t save the best for last, but our simple, 1, 2, 3 makeovers will show how a little can go a long way! Giveaways and prizes!



## Healthy Choices

### Nutrition and Exercise Skincare Maintenance



Today our teens face enormous peer pressure, not only from the people they know, but constant media images of celebrities whom seem picture perfect.

Adolescence is difficult enough, giving teens healthy tools and life skills can lessen the challenge and help build self-esteem. Today twenty-something year olds are getting Botox and plastic surgery in staggering numbers! There are wonderful long-term alternatives!

**Let’s Get Started!**